

MASSAGE TREATMENTS

Stress Buster Massage

Totally relax, unwind and drift away to the calming sound of Reiki music whilst enjoying the aroma of pure essential oils designed specifically for your individual needs.

30 minutes £20 * 45 minutes £30 * 1 hour £40

Detox Massage

Juniper, Cyprus, Grapefruit & Lemon essential oils are blended together to detoxify and purify the body. This massage is designed to help break down cellulite and stimulate the lymphatic system.

30 minutes £20 * 45 minutes £30 * 1 hour £40

Re-Energising Massage

The ultimate brain booster! This uplifting blend of Rosemary, Lemon & Eucalyptus essential oils will clear a foggy head, help concentration and boost energy levels.

30 minutes £20 * 45 minutes £30 * 1 hour £40

System Restore Massage

Strengthen your body's defences with this synergistic blend of Cedar wood, Eucalyptus and Peppermint essential oils. This blend is designed to dry up a cold and help restore respiratory function.

30 minutes £20 * 45 minutes £30 * 1 hour £40

Muscle Ease Massage

This deep tissue massage combined with a powerful blend of Ginger, Rosemary & Lemongrass essential oils will ease aching muscles instantly.

30 minutes £20 * 45 minutes £30 * 1 hour £40

Indian Head Massage (Seated Massage)

A very calming and relaxing massage that concentrates specifically on the upper back, shoulders, arms, neck, face and scalp. This particular treatment is performed over clothing and without oils.

20 minutes £15 * 30 minutes £20

Reflexology

A foot massage designed to induce relaxation and detoxification. This treatment helps to reduce stress and tension and to assist in helping with symptoms of many common ailments such as headaches, sinusitis, PMT, IBS and more.

30 minutes £20 * 45 minutes £30 * 1 hour £40

Couples Pamper Package

Celebrate a birthday or anniversary by relaxing together with a 45 minute Stress Buster massage and Reflexology foot treatment. Once relaxed, your therapists will leave you to enjoy a romantic evening together with a complimentary bottle of Prosecco.

1 hour 30 minutes (each) £120

BEAUTY TREATMENTS

Rejuvenating Aromatherapy Facial

This specialised facial treatment using the very best in aromatherapy skincare will leave your skin deeply cleansed, perfectly replenished and glowing with radiance. Includes a hand and arm massage.

1 hour £40

Body Brush & Moisturise

This super hydrating body brush and moisturise treatment with Exotic Moroccan Argan Oil body lotion will leave your skin beautifully nourished and revitalised.

30 minutes £20

Aroma Spa Body Polish & Massage

This luxurious skin nourishing body treatment will prepare your skin for holidays perfectly. Mineral rich Sea Salt is used to gently exfoliate, removing dead skin cells from the surface of the skin followed by a relaxing massage with pure essential oils, this blissful body treatment will leave your skin feeling beautifully soft, refreshed and ready for the beach.

1 hour £40

Callus Peel

Say goodbye to hard skin and calluses with this revolutionary foot treatment. A 30 minute treatment that will leave your feet feeling soft and silky smooth.

30 minutes £20

Essential Pedicure

This classic express pedicure treatment provides perfect maintenance care for pretty feet. Includes; nail shaping, cuticle tidy and lots of nail polish colours to choose from! (Please remember to wear/bring open toe shoes)

20 minutes £15

Essential Manicure

This mini manicure includes nail shaping, cuticle tidying and finished with either a nail hardener or a nail polish colour of your choice.

20 minutes £15

Shellac / Gelish / OPI Gel Polish Manicure

Hard wearing and dries instantly! This incredible high gloss polish will last for up to 2 weeks without chipping or fading. Includes nail shaping and cuticle work.

30 - 45 minutes £20

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BEAUTY SCHOOL PARTY

Suitable for girls aged 8 to 16

Our **Unique** Beauty School Parties are designed to teach girls from the age of 8 upwards how to look after their skin and nails. This fun and very interactive lesson will teach young girls a daily skin care regime that will benefit them now and for the rest of their lives.

During the lesson, each girl will learn how to cleanse and tone, exfoliate, apply a face mask, and moisturise their skin. They will be taught the benefits of facial steaming along with tips on products and product use. We will also demonstrate the correct way to shape nails, tidy cuticles and apply nail polish.



Each girl will be presented with a skin care guideline card to take away with them. The skin care card also provides nutritional advice for obtaining healthy skin.

Price: £20 per head
Group size: 6 to 12 girls
(for larger groups please contact us)

Price includes:
a FREE gift pack of facial products
for the special girl

